

Join the 10 Steps Learning Collaborative



Together we can improve birthing practices in Minnesota

The 10 Steps Learning Collaborative, a quality improvement community, meets monthly to improve specific infant feeding care practices in Minnesota's birth centers. These are outlined in the updated Minnesota Department of Health Breastfeeding Friendly Birth Center's Ten Steps to Successful Breastfeeding.

Hospitals can support each other to close the gap between actual practices and evidence-based practices as the standard of care.

Who should join?

The learning collaborative is designed for leadership and staff in hospitals and free-standing Birth Centers including:

- nursing staff
- medical providers
- lactation professionals

Details on participating

- Meets virtually on the 2nd Wednesday of each month
- Identify resources and share progress on the 10 Steps
- New teams will have one-on-one onboarding via video conference

Financial, educational and technical assistance are available

Mini-grant funds available for participating birth centers can support training, educational materials, travel or data analysis. These funds cannot be used for Baby-Friendly USA fees.

About the Minnesota Breastfeeding Friendly Ten Steps

The Minnesota Breastfeeding Friendly Birth Center Recognition Program is aligned with the Baby-Friendly Hospital Initiative, founded by the WHO/UNICEF, to optimize infant feeding practices.

- 21% of MN hospitals (32% of MN births) are on record utilizing these infant feeding best practices.
- These facilities have demonstrated improved chest/breastfeeding outcomes.
- Review the guidelines for the [Minnesota Breastfeeding Friendly Birth Center Recognition Program](#)

Learn more

Please email mnbfcdirector@gmail.com for additional details and to schedule an informational call.



Funded by a State Physical Activity and Nutrition Program grant from the U.S. Centers for Disease Control and Prevention